

## Northwest Michigan Caregiver Support Groups

Contact sites in advance for scheduling updates and cancellations.

### Charlevoix County

#### Charlevoix Area Caregiver Support Group

- Contact: Sheri Shepard, 231-237-0103 x 3621
- 2nd Thursday of the month from 1:00-2:30 pm
- Boyne Area Senior Center, 411 E Division Street, Boyne City, 49712

#### Support Group for Caregivers and People Living with Lewy Body Dementia (LBD)

- Contact: Mary Whitlock, 231-350-8283, marywhitlock51@gmail.com
- 2nd Tuesday of the month from 1:30-3:00 pm
- Boyne District Library, 201 E Main Street, Boyne City, 49712

### Emmet County

Check the Friendship Centers of Emmet County website [www.emmetcoa.org](http://www.emmetcoa.org) for updates cancellations/schedule changes related to the support groups they host or call 231-347-3211.

#### Alzheimer's Disease/Dementia Support Group (Caregivers Only)

- Contact: Suzanne Holguin MSN RN, 231-347-3211, ext. 117, sholguin@emmetcoa.org
- 2nd Wednesday of the month at 2:00-3:30 pm
- Friendship Centers of Emmet County - Game Room, 1322 Anderson Rd. Petoskey, 49770

#### Caregiver Support Group (Caregivers Only)

- Contact: Suzanne Holguin MSN RN, 231-347-3211, ext. 117, sholguin@emmetcoa.org
- 4th Thursday of the month at 1:30-3:00 pm
- Friendship Centers of Emmet County - Game Room, 1322 Anderson Rd. Petoskey, 49770

#### Parkinson's Support Group (Persons with Parkinson's Disease and their spouse, family, or caregiver)

- Contact: Suzanne Holguin MSN RN, 231-347-3211, ext. 117, sholguin@emmetcoa.org
- 4th Wednesday of the month at 2:00-3:30 pm
- Friendship Centers of Emmet County - Game Room, 1322 Anderson Rd. Petoskey, 49770

#### Diabetes Support Group (Persons with Diabetes, spouse, family or caregiver)

- Contact: Jeanne Kincaid CDE, RD, 513-659-9880, jeanne.kincaid@gmail.com
- 2nd Monday of the month at 10:00 am-11:00 am
- Friendship Center of Emmet County Library, 1322 Anderson Rd. Petoskey, 49770



## **Grand Traverse County**

### Caregiver Support Group

- Contact: [helplinegmc@alz.org](mailto:helplinegmc@alz.org)
- 3rd Friday of the month from 1:00-2:30pm
- Northern Michigan Alzheimer's Association Office, 921 W. 11th Street, Ste 1W, Traverse City, 49684

### Parkinson's Network North (PNN) Traverse City Support Group

- Contact: Hettie Molvang, Director, 231-947-7389
- 2nd Tuesday of the month at 1:00pm \*No meeting if Traverse City schools are closed for inclement weather.
- The Presbyterian Church, 701 Westminster Road, Traverse City

## **Leelanau County**

### Alzheimer's Caregiver Support Group

- Contact: Victoria Maggio, 231-256-8123
- 4th Wednesday of the month from 2:00-3:00pm
- Join this virtual support group using this Zoom link <https://bit.ly/46M1epj>

### Parkinson's Network North (PNN) Leelanau Support Group

- Contact: Hettie Molvang, Director, 231-947-7389
- 2nd Thursday of the month at 1:00pm \*No meeting if Suttons Bay Public Schools are closed for inclement weather.
- Leelanau County Government Center, 8527 E Government Center Drive, Suttons Bay

### Sharecare Memory Loss Support Group

- Contact: Care Coordinator, 231-256-0221 ext. 305
- 2nd Tuesday of the month from 12:00-1:00pm
- Leland Library, in the Munnecke Room, 203 Cedar St E, Leland, 49654

## **Manistee County**

### Dementia Support Group

- Contact: Jacki Krolczyk, 231-883-1341
- 2nd Thursday of the month at 3:00pm
- Wagoner Community Center/Senior Center, 260 St Mary S Pkwy, Manistee, 49660

### Parkinson's Support Group

- Contact: Marcia Holbrook, 614-937-4442
- 3rd Thursday of the month at 11:00am
- Wagoner Community Center/Senior Center, 260 St Mary S Pkwy, Manistee, 49660

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## **Wexford County**

### **Parkinson's Caregiver Support Group**

- Contact: Diane Paterson, 231-779-9420
- 4th Tuesday of the month at 1:00pm
- Cadillac Senior Center, 601 Chestnut, Cadillac, 49601

### **Dementia Awareness Group**

- Contact: Rae Berwald, 231-577-1789
- 2nd Tuesday of the month at 2:00pm
- Springville Township Community Center, 105 E Mesick Avenue, Mesick, 49668

### **Dementia Support Group**

- Contact: Rae Berwald, 231-846-7423
- 4th Tuesday of every month at 3:00pm
- Cadillac Senior Center, 601 Chestnut Street, Cadillac, 49601

### **Curry House Grief Support**

- Contact: Christine Engels, 231-577-3045
- 1st Thursday of the month at 11:00am and 3rd Thursday of the month at 3:00 pm
- Curry House, enter the first parking lot, 5858 47 Rd, Cadillac, 49601

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