



RESOURCES for independent living and in-home care

We guide you on how to best pair your own personal resources with community resources for a variety of long-term care needs. For those older adults at high risk of entering a nursing home, comprehensive

assessments can be provided and services coordinated for in-home care. We can also assist those moving from a nursing facility back into a home environment by assessing needs, researching housing options and coordinating in-home care.



Our Support
Coordinators
can help
arrange services
such as:

- Primary Care at Home
- Adult day care
- Personal hygiene care
- Home chore services
- Home delivered meals
- Respite care
- Medication management
- Personal emergency response systems



RESOURCES for navigating and accessing older adult benefits and services

We listen to your unique life situation, present options and assist you with information and resources.

We can review eligibility for governmental programs, explain application processes, and outline next steps.

Our counselors can share choices for long-term care services and be a neutral source for aging related information that can connect you to programs such as:

■ MI Choice Waiver Program

Available to individuals that require nursing home level care that would like to receive that care in their or a family member's home or community-based residence. Available to individuals who meet medical, income and asset criteria.

■ Medicare Medicaid Assistance Program

MMA is a free service to recipients. Our counselors can help explain the variety of options available and assist in enrolling in Medicare and Medicaid plans.



We support you in your caregiving journey with:

- *The Caregiver Link* newsletter
- Educational resources
- Support groups
- Caregiver classes
- Counseling on options for long-term care

**Tell us your story—
we're here to help.**

231-733-3585

Toll Free: 1-800-442-0054

www.seniorresourceswmi.org



RESOURCES for

**health care providing
home-based primary
medical care**

The Primary Care at Home program offers individuals 60+ who are enrolled in Medicare an alternative to office-based medical care. We've revived the house call with a home-based primary care option. Services include:

- Primary care providers
- Care management
- Remote patient monitoring
- Home and telehealth visits
- Mobile X-ray, EKG, and lab services
- After hours urgent telephone response
- Pharmacist medication review
- A care team focused on you!

We participate with most insurance plans.

To learn more, call the Primary Care at Home team at 231-737-4041.



OUR MISSION

To provide a comprehensive and coordinated system of services designed to promote the independence and dignity of older persons and their families in Muskegon, Oceana and Ottawa counties—a mission compelling us to focus on older persons in greatest need and to advocate for all.

45
Years

**Senior Resources has served
West Michigan for over 45 years.**

Senior Resources assesses community needs, develops and implements an area agency plan for service delivery, serves as a focal point for information, provides care coordination, arranges in-home care services such as Primary Care at Home, counsels on Medicare/Medicaid benefits and serves as an advocate agency for older adults and those with disabilities. Senior Resources is also a designated agency for the Michigan Department of Health and Human Services' MI Choice Waiver program.

SeniorResources 
Our Name. Our Focus.

Located at
Tanglewood Park
560 Seminole Rd., Muskegon, MI 49444
Phone: (231) 733-3585
Toll Free: 1-800-442-0054
www.seniorresourceswmi.org



Find us on  

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An Area Agency on Aging serving
Muskegon, Oceana and Ottawa counties