

Program	Contact Information	Description of Program
<b>Educational</b>		
<b>Muskegon Community Health Project - Community Health Worker</b> Program Contact: <a href="http://mchp.org">mchp.org</a>	(231) 672-3201  Provides a community health worker who will connect the participant with needed services, while teaching them how to successfully manage their own care and chronic conditions	
<b>Muskegon Community Health Project - Senior Navigator</b> Program Contact: <a href="http://mchp.org">mchp.org</a>	(231) 672-3201  Provides outreach and help navigating senior services in rural municipalities	
<b>Senior Resources Contracted Service - MMAP Services</b> Program Contact: Cheryl Olsen <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	colsen@seniorresourceswmi.org (231) 739-5858  Medicare Medicaid Assistance Program	
<b>Health</b>		
<b>AgeWell Services - Health Promotions</b> Program Contact: Laura Beechnau <a href="http://agewellservices.org">agewellservices.org</a>	laura@agewellservices.org (231) 683-2609  Provides weekly Enhance Fitness classes, stretch classes, water fitness classes at the MCC Lakeshore Fitness Center, and Tai Chi for Seniors at White Lake Area Community Education	
<b>Association for the Blind &amp; Visually Impaired - Low Vision Rehabilitation</b> Program Contact: Jennifer Helsel <a href="http://abvimichigan.org">abvimichigan.org</a>	jennifer.helsel@maryfreebed.com (616) 458-7289  Provides training in the use of low vision aids	
<b>Christians for Health - Matter of Balance</b> Program Contact: Wilmer Cullen 	wilma_91@yahoo.com (231) 733-2128  Provides PATH (Personal Action Toward Health) and Matter of Balance classes	
<b>Senior Resources Contracted Service - Case Coordination and Support</b> Program Contact: Andrea Douglas <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	adouglas@seniorresourceswmi.org (231) 683-2604  Care coordination for seniors in Muskegon County	

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<b>Health</b>		
<b>Senior Resources Contracted Service - Community Living Supports</b> Program Contact: Andrea Douglas <a href="mailto:adouglas@seniorresourceswmi.org">adouglas@seniorresourceswmi.org</a> <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a> (231) 683-2604	Community living supports (e.g. personal care, respite, homemaking)	
<b>Senior Resources Contracted Service - Homemaker</b> Program Contact: Andrea Douglas <a href="mailto:adouglas@seniorresourceswmi.org">adouglas@seniorresourceswmi.org</a> <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a> (231) 683-2604	Homemaker services	
<b>Senior Resources Contracted Service - Medication Management</b> Program Contact: Andrea Douglas <a href="mailto:adouglas@seniorresourceswmi.org">adouglas@seniorresourceswmi.org</a> <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a> (231) 683-2604	Medication management/medication minder	
<b>Senior Resources Contracted Service - Personal Care</b> Program Contact: Andrea Douglas <a href="mailto:adouglas@seniorresourceswmi.org">adouglas@seniorresourceswmi.org</a> <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a> (231) 683-2604	Personal Care, including help with bathing, dressing, eating, etc.	
<b>Senior Resources Contracted Service - Personal Emergency Response System</b> Program Contact: Andrea Douglas <a href="mailto:adouglas@seniorresourceswmi.org">adouglas@seniorresourceswmi.org</a> <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a> (231) 683-2604	Personal emergency response system	
<b>Senior Resources Contracted Service - Respite Care</b> Program Contact: Andrea Douglas <a href="mailto:adouglas@seniorresourceswmi.org">adouglas@seniorresourceswmi.org</a> <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a> (231) 683-2604	Relief for caregivers, in-home and out-of-home	
<b>United Way of the Lakeshore - Retired &amp; Senior Volunteer Support</b> Program Contact: Lynn Keech <a href="mailto:lynn@unitedwaylakeshore.org">lynn@unitedwaylakeshore.org</a> <a href="http://unitedwaylakeshore.org/rsvp">unitedwaylakeshore.org/rsvp</a> (231) 332-4016	Provides volunteer opportunities for Muskegon County seniors	
<b>Volunteer for Dental - Dental Care</b> Program Contact: Suzanne Tanis <a href="mailto:stanis@volunteerdental.org">stanis@volunteerdental.org</a> <a href="http://volunteerdental.org">volunteerdental.org</a> (231) 773-1360	The program will require attendance to an education class and require four volunteer service hours to schedule first appointment. Participant earns \$25 in dental services for every hour volunteered.	

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<b>Health</b>		
<b>Volunteer for Dental - Dentures</b> Program Contact: Suzanne Tanis <a href="http://volunteerdental.org">volunteerdental.org</a>	stanis@volunteerdental.org (231) 773-1360	Provides dentures to Muskegon County seniors
<b>Volunteer for Dental - Preventative Services</b> Program Contact: Suzanne Tanis <a href="http://volunteerdental.org">volunteerdental.org</a>	stanis@volunteerdental.org (231) 773-1360	Provides preventative dental care
<b>Housing</b>		
<b>City of Muskegon - Home Repair</b> Program Contact: Corey Davis <a href="http://shorelinecity.com">shorelinecity.com</a>	corey.davis@shorelinecity.com (231) 724-6918	Provides home repairs for residents of Muskegon County
<b>City of Muskegon Heights - Major Home Repair</b> Program Contact: Melvin Burns II <a href="http://cityofmuskegonheights.org">cityofmuskegonheights.org</a>	pastormcburn@aol.com (231) 903-7728	Provides major home repairs for residents of the City of Muskegon Heights
<b>Community enCompass/Bethany Housing - Major Home Repair</b> Program Contact: Anetri'a Conyers <a href="http://communityencompass.org">communityencompass.org</a>	anetria@communityencompass.org (231) 728-3117	Provides major home repairs for residents of the City of Muskegon
<b>Living Word Church - Lawn Care</b> Program Contact: Christopher Cross <a href="http://lwcofmuskegon.org">lwcofmuskegon.org</a>	church@lwcofmuskegon.org (231) 728-2800	Provides yard maintenance services for residents of Muskegon County
<b>Senior Resources Contracted Service - Outdoor Chore Services</b> Program Contact: Andrea Douglas <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	adouglas@seniorresourceswmi.org (231) 683-2604	Provides snow removal service for residents of Muskegon County
<b>Trinity Village Nonprofit Housing Corp. - Major Home Repair</b> Program Contact: Effie Grandberry trinity.housing@yahoo.com	(231) 728-5303	Provides major home repairs to residents of Muskegon County

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<b>Legal</b>		
<b>AgeWell Services - SafeSeniors</b> Program Contact: Chris Burnaw <a href="mailto:chris@agewellservices.org">chris@agewellservices.org</a> <a href="http://agewellservices.org">agewellservices.org</a>	(231) 726-7104	The Tri-County Protection Team works to identify, advocate, and seek justice for adult victims of abuse, neglect, and financial exploitation.
<b>Fair Housing Center of West Michigan - Education and Outreach</b> Program Contact: Liz Keegan <a href="mailto:lkeegan@fhcwm.org">lkeegan@fhcwm.org</a> <a href="http://fhcwm.com">fhcwm.com</a>	(616) 451-2980	Recruits and trains testers; conducts fair housing complaint intake; investigates the complaint including property research, scripting of tests, consulting with clients about investigation, and advocacy
<b>Fair Housing Center of West Michigan - Housing Enforcement Services</b> Program Contact: Elizabeth Stoddard <a href="mailto:estoddard@fhcwm.org">estoddard@fhcwm.org</a> <a href="http://fhcwm.com">fhcwm.com</a>	(616) 284-1345	Provides education and outreach services to inform older adults of their rights under the Fair Housing Act
<b>Legal Aid of Western Michigan - Legal Services</b> Program Contact: Victoria Baker <a href="mailto:vbaker@lawestmi.org">vbaker@lawestmi.org</a> <a href="http://lawestmi.org">lawestmi.org</a>	(231) 726-4887	Provides legal assistance in civil matters
<b>The Arc Muskegon - Legacy Planning</b> Program Contact: Christine Pickel <a href="mailto:cpickel@arcmuskegon.org">cpickel@arcmuskegon.org</a> <a href="http://arcmuskegon.org">arcmuskegon.org</a>	(231) 777-2006	Provides legacy planning for older adults with children with disabilities
<b>Mobility</b>		
<b>AgeWell Services - Senior Transportation Program</b> Program Contact: Kathy Daly <a href="mailto:kathyd@agewellservices.org">kathyd@agewellservices.org</a> <a href="http://agewellservices.org">agewellservices.org</a>	(231) 726-7088	Transportation to medical appointments
<b>Disability Network of West Michigan - Transportation</b> Program Contact: Lisa Sullivan <a href="mailto:lisas@disabilitynetworkwm.org">lisas@disabilitynetworkwm.org</a> <a href="http://disabilitynetwork.org">disabilitynetwork.org</a>	(231) 332-4033	Provides mileage reimbursement to caregivers, friends, families, neighbors and volunteers providing rides to seniors with disabilities
<b>Living Word Church - Snow Removal</b> Program Contact: Christopher Cross <a href="mailto:church@lwcofmuskegon.org">church@lwcofmuskegon.org</a> <a href="http://lwcofmuskegon.org">lwcofmuskegon.org</a>	(231) 728-2800	Provides snow removal service for residents of Muskegon County

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<b>Mobility</b>		
<b>Love INC - Ramps</b> Program Contact: Jackie Hannahs <a href="http://loveincmuskegon.com">loveincmuskegon.com</a>	ramps@loveincmuskegon.com (231) 773-3448	Provides ramps for older adults in Muskegon County
<b>Ravenna Township - Grocery Trip</b> Program Contact: Peggy Manzer <a href="http://ravennatwp.com">ravennatwp.com</a>	ravennaseniors@gmail.com (231) 335-3280	Provides rides to and from Meijer and Walmart for shopping with a shopping assistant
<b>Nutritional</b>		
<b>AgeWell Services - Congregate Meals</b> Program Contact: Ashley Foster <a href="http://agewellservices.org">agewellservices.org</a>	ashley@agewellservices.org (231) 577-4825	Healthy meals provided at neighborhood centers
<b>AgeWell Services - Home Delivered Meals</b> Program Contact: Annette Thompson <a href="http://agewellservices.org">agewellservices.org</a>	annette@agewellservices.org (231) 755-0434	Meals on Wheels delivers meals to your home.
<b>Casnovia Township - Monthly Luncheon</b> Program Contact: Mindy Dupras <a href="http://castwp.com">castwp.com</a>	office@castwp.com (616) 675-4064	Provides a monthly community luncheon
<b>Fruitport Lions Club - Power of Produce</b> Program Contact: Morning Bear <a href="http://fruitportlionsclub.com">fruitportlionsclub.com</a>	happenstanceDM@gmail.com (231) 903-3037	Provides eight dollars of tokens to use at the Muskegon Farmers Market
<b>Muskegon YMCA - Veggie Van</b> Program Contact: Carla Eenigenburg <a href="http://muskegonymca.org">muskegonymca.org</a>	eenigenburg@muskegonymca.org (231) 722-9622	Mobile farmers market, ensuring that fruits and vegetables are available to those with limited access to fresh produce
<b>Senior Resources Contracted Service - Home Delivered Meals</b> Program Contact: Andrea Douglas <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	adouglas@seniorresourceswmi.org (231) 683-2604	Home delivered meals

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<b>Nutritional</b>		
<b>Senior Resources Contracted Service - Nutritional Supplements</b> Program Contact: Andrea Douglas <a href="mailto:adouglas@seniorresourceswmi.org">adouglas@seniorresourceswmi.org</a> <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a> (231) 683-2604	Nutritional supplements	
<b>Social, Recreational, &amp; Emotional</b>		
<b>AgeWell Services - Senior Center Activities</b> Program Contact: Laura Beechnau <a href="mailto:laura@agewellservices.org">laura@agewellservices.org</a> <a href="http://agewellservices.org">agewellservices.org</a> (231) 683-2609	Provides a variety of monthly social, intellectual, spiritual, nutritional, and physical activities at partner sites and at AgeWell’s lunch & activity centers—including trips to the Muskegon Farmers Market, Festival of the Trees, and Aquastar cruises	
<b>Arts Council of White Lake-Nuveen Center - Spark! Program</b> Program Contact: Nancy Armitage <a href="mailto:spark@artswhitelake.org">spark@artswhitelake.org</a> <a href="http://www.artswhitelake.org">www.artswhitelake.org</a> (231) 893-2524	Spark! Is a program for people experiencing beginning to mid-stage dementia and their care partners.	
<b>Association for the Blind &amp; Visually Impaired - Support Groups</b> Program Contact: Charis Austin <a href="mailto:charis.austin@maryfreebed.com">charis.austin@maryfreebed.com</a> <a href="http://abvimichigan.org">abvimichigan.org</a> (616) 458-7244	Provides a support group for individuals who have experienced vision loss	
<b>Association for the Blind &amp; Visually Impaired - Vision Loss Counseling</b> Program Contact: Jessica Holtvluwer <a href="mailto:jessica.holtvluwer@maryfreebed.com">jessica.holtvluwer@maryfreebed.com</a> <a href="http://abvimichigan.org">abvimichigan.org</a> (616) 458-7278	Provides counseling to individuals who have experienced vision loss	
<b>Egelston Township - Monthly Dinner</b> Program Contact: Joan J. Raap <a href="mailto:jraap@egelstontwp.org">jraap@egelstontwp.org</a> <a href="http://egelstontwp.org">egelstontwp.org</a> (231) 740-5561	Provides a meal in a social environment	
<b>Orchard View Community Education - Senior Center Activities</b> Program Contact: Jenni Bowen <a href="mailto:jenni.bowen@orchardview.org">jenni.bowen@orchardview.org</a> <a href="http://orchardviewce.org">orchardviewce.org</a> (231) 760-1481	Offers a wide variety of educational, social and health-oriented classes and activities	
<b>Pioneer Resources - Eastern Muskegon County Recreation</b> Program Contact: Alexandra Latz <a href="mailto:alatz@pioneerresources.org">alatz@pioneerresources.org</a> <a href="http://pioneerresources.org">pioneerresources.org</a> (231) 375-7025	Provides social opportunities for in the easternmost part of Muskegon County	

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<b>Social, Recreational, &amp; Emotional</b>		
<b>Pioneer Resources - Northern Muskegon County Recreation</b> Program Contact: Alexandra Latz <a href="mailto:alatz@pioneerresources.org">alatz@pioneerresources.org</a> <a href="http://pioneerresources.org">pioneerresources.org</a> (231) 375-7025	Provides social opportunities in the northernmost part of Muskegon County	
<b>Ravenna Township - Community Luncheon</b> Program Contact: Peggy Manzer <a href="mailto:ravennaseniors@gmail.com">ravennaseniors@gmail.com</a> <a href="http://ravennatwp.com">ravennatwp.com</a> (231) 335-3280	Provides a monthly community luncheon	
<b>Senior Resources Contracted Service - Adult Day Services</b> Program Contact: Andrea Douglas <a href="mailto:adouglas@seniorresourceswmi.org">adouglas@seniorresourceswmi.org</a> <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a> (231) 683-2604	Adult day services	
<b>White Lake Senior Center - Senior Center Activities</b> Program Contact: Christi Marsh <a href="mailto:director@whitelakeseniors.org">director@whitelakeseniors.org</a> <a href="http://whitelake.org">whitelake.org</a> (231) 894-9493	Provides senior center activities	